

Points to Remember

- Kidney failure means your kidneys no longer work well enough to do their job.
- Learning about treatments for kidney failure will help you choose the one that best fits your lifestyle.
- Many people with kidney failure continue to work.
- Physical activity is an important part of staying healthy when you have kidney failure.
- You can help prevent relatives from having kidney failure by talking with them about their risk.
- Eating the right foods can help you feel better when you are on dialysis or have a kidney transplant.